



## **Athletic Handbook**

### **Introduction**

Welcome to The Wesley School Athletic Program. Because sports programs differ widely from school to school and because there are so many details involved in a good program, we want to make sure that all parents and students know what to expect in a sports season. Included in this Handbook are answers to the questions that are most often asked. We hope that they help you anticipate and prepare for participation in our very popular and successful athletic program. Our Wesley Lions are successful not just because of their skills but also because of their sense of team spirit, pride, and sportsmanship. Those, in turn, are developed through careful thought and implementation of our School's Mission and Philosophy. Our policies are established to be consistent with the values evidenced in other areas of school life. We want as many children as possible to participate in After-School Athletics and to feel comfortable and valued in doing so. Knowing in advance what to expect is an important element to our success.

### **Team Sign-Ups**

After-School Athletics are available to all 4<sup>th</sup> through 8<sup>th</sup> grade students. Sign-ups usually take place two weeks prior to the first practice date. We will announce the sign-up period through email blasts to grade appropriate families, and messages conveyed to your child/ren during P.E. classes. All sign-ups must be made through our online payment form found in the Parent Portal of the School website. **Sign-ups will close on the deadline announced. The date is firm. Exceptions will only be approved when a given team for which a student is attempting to sign up does not have sufficient players to field a team.**

### **No-Cut Policy**

Wesley School adheres to a "no-cut" policy for sports. It is expected that all students who join a team want to learn, to connect with fellow classmates, and to experience the joy of competition in a fun and nurturing atmosphere. Middle school students will be required to "try out" so that we can place them appropriately on either the junior varsity or varsity team. All athletes will be given playing time, although it may vary according to skill level, attitude, attendance at practices, and the number of team members.

## **Formation of Teams**

The total number of students who are interested in playing determines if the School can field a team. If an overwhelming number of students sign up, it is up to the administration and athletic department either to create two teams, or form a large team by combining grades. Conversely, if there are insufficient sign-ups for a particular grade, we will work to form a multi-grade team. Our goal will always be to have every child who signs up play on a team. Once a team has been established, the athletic department will submit the team(s) to the league for scheduling. Our school policy is that a student may “play up” only one grade level, at the discretion of the athletic department.

## **Grades and Participation**

Students are expected to be in attendance during the regular academic school day to be eligible to participate in the athletic activities for that day. **A student must be at school for a minimum of three-quarters (¾) of the school day in order to play.** If a student knows in advance of a scheduled absence, he or she should contact the coach personally to explain the absence.

All students start the year eligible to compete in after-school athletics. After final trimester grades are posted, **any student with any grade lower than a C- may be prohibited from participating for the first two weeks of the next trimester.** The athletic department, in conjunction with Lower School Head and Middle School Head, will determine when a student is eligible to participate again. That decision will be communicated in writing. Additionally, at the discretion of the division heads and the athletic department, poor conduct might prohibit a student from participating.

## **Fees**

The fee for participation in after school athletics is \$200 per sport; for swimming, there is an additional one-time \$50 charge for a team swimsuit. **NO STUDENT WILL BE PERMITTED TO PRACTICE UNTIL THE ATHLETIC FEE HAS BEEN PAID.** This fee helps cover the costs for coaches, referees, uniforms, and transportation. The School subsidizes the remaining costs.

## **Communication**

The Wesley School Athletic Hotline—(818) 636-4338—has daily updates, scores, notices, and changes of schedule that may occur throughout the season. **Parents should call the athletic hotline with any questions or issues pertaining to the athletic program, as the School office does not handle these issues.** Messages for all coaches may also be left on the hotline.

## **Practices and Games**

Every student has an obligation to his or her team to be at every practice and every game. Therefore, practices are a mandatory part of the season. Practices take place after school, Monday through Thursday, though teams may not meet all four days in a given week.

**Lower school teams practice Tuesdays & Thursdays, from 3:15 to 4:45 pm.**  
**Middle school teams practice Mondays & Wednesdays, from 3:30 to 5:00 pm.**

In general, teams compete on Mondays through Thursdays, with an occasional game on a Friday. All students should plan on at least three days of involvement per week, on average. Please keep your

schedule handy so that you can check it on a daily basis. It is important that you and your child/ren discuss practices and game dates to ensure availability before signing up for a team. Weekly updates will be provided via email. Students are responsible for obtaining and completing any class work or homework assignments they might have missed due to leaving early for a game.

Practice time is essential to your child's athletic development and to success of the team. Any student-athlete who misses practice will not be allowed to start the next game. Missing practice will also impact a student-athlete's playing time in games, and habitual absences from practices may result in dismissal from the team. Please make sure that your child fully understands the consequences of missing practice and that all scheduling conflicts are resolved prior to the beginning of a season.

**IMPORTANT NOTE:** Any students who are not picked up at the end of practice (4:45 pm for lower school, 5:00 pm for middle school) will be required to check into after-school daycare (LEAP) where normal daycare fees will be assessed.

### **Athletic Uniforms**

All Wesley School students will be issued a school athletic uniform for each sports season. All uniforms are the property of The Wesley School, and each student is responsible for the care of the uniform.

Uniforms are to be worn only for games/matches/meets or on special occasions as designated by the coach. At the completion of each season, students are required to clean and return all school uniforms issued to them to the athletic department within one (1) week of the completion of the season. A \$50 fee will be assessed for any damaged or unreturned athletic uniform.

The proper attire for practices is the School P.E. shorts and shirts and lace-up athletic shoes. Students not in proper attire may not participate, which will count as a missed practice.

### **Transportation**

For safety and legal reasons, The Wesley School provides transportation (chartered vans or buses) to and from athletic events. Students are expected to behave properly on vans and/or buses transporting them to and from school-sponsored athletic events. Students are expected to ride the team van or bus to away games. Students are permitted to leave an away game site with a parent, guardian, or formally designated adult. If the student will be traveling with an adult other than his/her parent, a note indicating parental approval of such arrangement must be given directly to the coach.

We will play some of our home basketball and volleyball games on the Wesley campus. Otherwise, our home field is the North Hollywood Recreation Center, Whitsett Turf Field, or South Weddington Park (directions at the end of the handbook).

### **End of Season Activities**

At the discretion of the team parent, he or she may wish to arrange an end-of-the season party, off campus, such as going to a pizza or hamburger restaurant. These parties are not required, merely an option, and are not school-sponsored events. Any such parties must be coordinated between the parents on the applicable team.

**Recognition Community**

At the end of each sports season is a Sports Awards Community, when the participants are acknowledged by the respective coaches in front of their parents and peers. The dates for the three (3) Communities are available on the Wesley online calendar, and parents are notified prior to the date via the Weekly Update.

Directions to the schools where Wesley teams might have games scheduled for the San Fernando Valley Private School League are included at the end of this handbook.

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## **San Fernando Valley Private School League Schools**

### **AGBU (Marie Manoogian)** (818) 883-2428

6844 Oakdale Ave., Canoga Park. on Vanowen  
Ventura 101 Freeway (west), exit Winnetka, turn right (north) to Vanowen then turn right (east) onto Vanowen. Four blocks down is Oakdale Ave. (NE corner of Vanowen and Oakdale, between Winnetka and Tampa.) AGBU home flag football games are played at their field located at 17400 Victory Blvd. (between Balboa & White Oak).

### **Akiba** (310) 475-6401

10400 Wilshire Blvd., Los Angeles.  
In the Sinai Temple, on the corner of Wilshire and Beverly Glen. Underground parking available. (Southwest corner of Beverly Glen and Wilshire Blvds.)

### **Archer School for Girls** (310) 230-1239

11725 Sunset Blvd., Los Angeles, CA 90049.  
From the 405 South, exit Sunset. Go west on Sunset. Just past Barrington, school is on your right.

### **Balboa Park** (818) 756-9642

17015 Burbank Blvd., Encino.  
101 Freeway north to Balboa Blvd. Turn right onto Balboa. Parking lots for flag football are on Balboa north of Burbank, left side of street.

### **Berkeley Hall** (310) 476-6421

16000 Mulholland Dr., Los Angeles  
Ventura 101 Freeway (west) to 405/San Diego Freeway (south.) Take Mulholland Drive exit. Turn left off the ramp and go to the top of the hill. Turn left across the bridge. Berkeley Hall is on your left, after you pass Curtis on your right.

### **Buckley** (818) 783-1610

3900 Stansbury Ave., Sherman Oaks.  
101 Frwy. to Woodman, left to Ventura. Right on Ventura to Stansbury (just past Hazeltine). Turn left (south). Street dead-ends into the school.

### **Campbell Hall** (818) 980-7280

4533 Laurel Canyon Blvd., North Hollywood.  
Laurel Canyon exit (south) off the Ventura 101 Freeway, left. School is between Moorpark and the 101, west side of street.

### **Chatsworth Hills Academy** (818) 998-4037

21523 Rinaldi Street, Chatsworth.  
170 Freeway (north) to the I-5 north. To the 118 (west.) Exit left onto Topanga Canyon. Go to Chatsworth Street and turn left, to Canoga Avenue left, to Rinaldi Street left.  
**NOTE:** Basketball games to be played at Mason Park, 10500 Mason Avenue, Chatsworth. 170 Freeway (north) to the 118 (west.) Take DeSoto exit and turn left. Go to Chatsworth and turn left. Go to Mason and turn right.

### **Country School** (818) 769-2473

5243 Laurel Canyon Boulevard, North Hollywood.  
Between Chandler & Magnolia.

**Curtis** (310) 476-1251

1587 Mulholland Drive., Los Angeles.

Ventura 101 Freeway (west) to San Diego Freeway (south.) Take Mulholland Drive exit. Turn left off the ramp and go to the top of the hill. Turn left across the bridge. School is 1/4 mile on the right side of the street.

**Faith Baptist** (818) 340-6131

7644 Farralone Ave., Canoga Park.

Ventura 101 freeway (west) to Topanga Canyon exit. Turn right (north) onto Topanga Canyon. Turn left (west) onto Saticoy. Go 2 blocks, turn right (north) onto Farralone.

**Heschel** (818) 368-5781

17701 Devonshire Blvd., Northridge.

Ventura 101 Freeway (west) to San Diego Freeway (north,) exit Devonshire, go west to White Oak. NW corner of White Oak and Devonshire.

**Highland Hall** (818) 349-1394

17100 Superior Street, Northridge, CA

Ventura 101 Freeway (west) to 405 (north.) Exit Nordoff. Go west to Balboa. Turn right (north) on Balboa then left (west) on Superior Street.

**Holy Martyrs** (818) 784-6228

5300 White Oak Ave., Encino.

Ventura 101 Freeway (west) to White Oak. Exit White Oak Avenue, turn left (south). Between Burbank & Ventura Blvds on east side of street.

**John Thomas Dye** (310) 476-2811

11414 Chalon Road, Los Angeles.

Ventura 101 freeway (west) to San Diego Freeway (south), exit Sunset Blvd. Turn right off the ramp onto Church Lane, pass under freeway, turn left (north) onto Sepulveda, turn right (east) onto Moraga, turn right onto Bellagio, up the hill turn left onto Linda Flora. At the top of the hill it becomes Chalon Rd., and the school is on your right.

**Laurel Hall** (818) 763-5434

11919 Oxnard Street, North Hollywood.

Take the 170 Freeway (north) to Oxnard. Go straight into the Macy's parking lot. Entrance to the school is on the right.

**Laurence** (818) 782-4001

13639 Victory Boulevard, Valley Glen, 91401.

Victory Blvd., just east of Woodman Avenue. Entrance to the school is on Woodman.

**Milken Community Middle School** (310) 440-5600

16190 Mulholland Drive, Los Angeles.

101 Freeway (north) to the 405 Freeway (south.) Exit Take the Skirball Ctr. Dr./Mulholland Drive exit and turn left on Skirball Center Drive. Go to Mulholland Drive and turn left.

**Mirman** (310) 476-2868

16180 Mulholland Drive., Los Angeles.

Ventura 101 Freeway (west) to San Diego Freeway (south.) Take Mulholland Drive exit. Turn left off the ramp and go to the top of the hill. Turn left across the bridge. School is approximately 1/4 mile on the left side of the street.

**North Hollywood Park & Recreation Center** (818) 763-7651

11430 Chandler Blvd., North Hollywood.

Tujunga Avenue (north.) Recreation Center is between Magnolia & Chandler Blvd. For basketball games, turn into driveway directly across from the fire station. For flag football, take Tujunga to Magnolia and turn left. Go to Irvine Avenue and turn right. Turn right onto Chandler Blvd. Enter driveway off of Chandler or park on Chandler.

**Oakwood Elementary School** (818) 752-4444

11230 Moorpark Street, North Hollywood

South on Tujunga to Moorpark left. School is on the right side of the street.

**Oakwood Secondary School** (818) 752-4400

11600 Magnolia Blvd., North Hollywood.

North on Tujunga to Magnolia left. Go under the freeway. Gym is on the right. Oakwood home flag football games are played at North Hollywood Park, 11430 Chandler Blvd., North Hollywood.

**Pinecrest/Northridge** (818) 708-8766 17081

Devonshire Blvd., Northridge.

Ventura 101 Freeway (west) to San Diego Freeway (north), exit Devonshire, go west on Devonshire, just past Balboa. (North side, middle of block just past Balboa.)

**Pinecrest/Simi Valley** (805) 527-7764

4974 Cochran Street, Simi Valley

170 (north) to the 118 (west.) Exit Stearns Street and turn left. Take Stearns Street to Cochran Street and turn right.

**Pinecrest/Van Nuys** (818) 988-5554

14111 Sherman Way, Van Nuys.

170 Freeway (north) to Sherman Way (west.) (Between Fulton and Woodman.)

**Pinecrest/Woodland Hills** (818) 348-4314

5975 Shoup Avenue, Woodland Hills

Ventura 101 Freeway (west) to Topanga Canyon Blvd. exit. Turn right onto Topanga and go to Oxnard. Turn left on Oxnard to Shoup Avenue. Take a left on Shoup Avenue.

**Pressman Academy** (310) 652-2002

1039 S. La Cienega Blvd., Los Angeles.

101 Freeway (south) toward Los Angeles. Take the Highland Avenue/Hollywood Bowl exit. Go to Santa Monica Blvd., and turn right. Turn left on La Cienega.

**Sierra Canyon** (818) 882-8121

11052 Sierra Canyon Avenue.

170 Freeway (north) to the 118 Freeway (west.) Take the DeSoto exit left to Chatsworth Street and turn right. Go to Independence Avenue and turn right to Rinaldi Street. The entrance to the school is around and to the right.

**South Weddington Park**

10800 W. Valleyheart St., Studio City, CA 91604

Enter the park off of Lankershim on Valleyheart (directly across from Universal Studios). Field is in the northeast corner of the park, on the LA River, on the corner of Riverton and Valleyheart.

**Stephen S. Wise** (310) 472-3065

15500 Stephen S. Wise Drive, Los Angeles.

Ventura 101 Freeway west to San Diego Freeway (405) south. Exit Mulholland Drive. Go to the east side of the freeway, enter on Casiano Street

**Valley Beth Shalom** (818) 788-6000

15739 Ventura Boulevard, Encino.

Take the Ventura 101 Freeway west to Sepulveda. Turn left onto Sepulveda and go to Ventura Blvd. Turn right onto Ventura Blvd, then right on Edison. Parking is on the left, school on right.

**Valley School** (818) 786-4720

15700 Sherman Way, Van Nuys.

Southwest corner of Haskell and Sherman Way. Ventura 101 freeway (west) to San Diego Freeway (405) north. Exit Sherman Way-Reseda. Turn right (west) onto Sherman Way. Go under freeway, and at first street, you turn left (south) onto Haskell. Turn right into driveway next to a large building. Valley home flag football games are played at Balboa Park, 17015 Burbank Blvd., Encino.

**Viewpoint** (818) 591-6500

23620 Mulholland Highway, Calabasas.

101 Freeway (north) to Valley Circle Blvd/Mulholland Drive exit. Turn left onto Valley Circle Blvd. Continue on Mulholland Drive to Valmar Road and turn right. Continue on Old Topanga Canyon Road. Bear right on Mulholland Highway.

**Weddington Golf & Tennis** (818) 769-5263

4141 Whitsett Avenue, Studio City.

Riverside Drive (west) to Whitsett. Turn left on Whitsett. Just past Moorpark on the right hand side of the street.

**Westlake Golf Course** (805) 495-8437

4812 Lakeview Canyon Road, Westlake Village.

Take Ventura 101 Freeway west. Exit at Lindero Canyon Road. Turn left on Lindero Canyon to Agoura Road. Turn right on Agoura to Lakeview Canyon Road. Turn right on Lakeview Canyon.

**Whitsett Turf Field** (for Wesley home soccer games)

No address. The field is on Vanowen, just east of Whitsett, on the north side of Vanowen. Parking lot in front of the field. From school, take the 170 North. Exit Victory West. Take Victory to Whitsett, turn right. Turn right on Vanowen. Field is on your left.

**Woodley Golf Course** (818) 780-6886

6331 Woodley Avenue, Van Nuys.

Take Ventura 101 Freeway west to San Diego 405 Freeway north. Exit at Burbank Blvd. Turn left (west) on Burbank Blvd. to Woodley Avenue. Turn right on Woodley Avenue.

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