

MAY 2017

HOT LUNCH MENU

Mon	Tue	Wed	Thu	Fri
1 Meatless Monday: Pasta Bar – 3 kinds of pasta, marinara, olive oil & salt, creamy pesto, garlic bread, fresh broccoli	2 Taco bowls: chicken, beef, vegetable, rice, beans, salsa, cheese, lettuce, guacamole, sour cream, roasted vegetables	3 Orange chicken or tofu, jasmine rice, veggie wontons, Buddha's Feast veggies, fortune cookies	4 BBQ chicken or tofu, mac n' cheese, fresh vegetable in season, seasonal fresh fruit	5 Pizza! Three cheese, pepperoni, grilled veggie, Caesar salad Lemon cupcakes
8 Meatless Monday: Belgium waffles, maple syrup, scrambled eggs, fresh fruit, berries & whipped cream	9 Turkey meatloaf, mashed potatoes & gravy, fresh veggie in season, fresh fruit	10 Quarter pound all beef hot dogs or tofu dogs, beef chili, assorted chips, fresh fruit SERVED OUTSIDE 4th gr. Sack Lunches	11 Lemon chicken, roasted potatoes, orzo & veggie salad, fresh fruit	12 Hamburgers, cheeseburgers, veggie garden burgers, tater tots Brownies
15 Meatless Monday: Grilled cheese or strawberry jam & banana sandwiches, tomato soup, marinated veggie salad, seasonal fresh fruit	16 Calzones: 3 cheese, pepperoni, Caesar salad, fresh fruit	17 Chicken tacos, cheese quesadillas, salsa and sour cream, quinoa & fresh corn, fresh fruit	18 Roasted honey rosemary salmon, grilled skirt steak, grilled tofu, roasted potatoes, fresh veggie in season	19 Cheesy lasagna, Caesar salad, fresh veggie, garlic bread, Chocolate dipped strawberries 7th/8th Sack Lunches
22 Meatless Monday: Pasta Bar – 3 kinds of pasta, marinara, olive oil & salt, creamy pesto, garlic bread, fresh broccoli 4th & 5th Gr. Sack Lunches	23 Breakfast for Lunch: Buttermilk pancakes, bacon or turkey sausage, fresh fruit salad, maple & homemade blueberry sauce	24 Teriyaki chicken, grilled tofu, jasmine rice, veggie noodles, steamed edamame	25 Hamburgers, cheeseburgers, veggie garden burgers, oven fries Chocolate chip cookies	26 NO LUNCH EARLY DISMISSAL DAY
29 NO SCHOOL MEMORIAL DAY HOLIDAY	30 Pasta w/meat sauce, pasta w/olive oil, garlic bread 5th or 6th Gr. Eat early/late	31 Gyros – beef or chicken, rice pilaf, hummus and tzatziki, Greek salad, fresh fruit		

4/27/17

JUNE 2017

HOT LUNCH MENU

Mon	Tue	Wed	Thu	Fri
			1	2
			Roasted chicken, grilled skirt steak, grilled tofu, mashed potatoes & gravy, fresh veggie in season, fresh fruit	Pizza! Three cheese, pepperoni, grilled veggie, Caesar salad Brownies
5	6	7	8	9
Meatless Monday: French toast, maple syrup, Greek yogurt w/honey, berries, & organic granola, fresh fruit	Taco bowls: chicken, beef, vegetable, rice, beans, salsa, cheese, lettuce, guacamole, sour cream, roasted vegetables	Orange chicken or tofu, jasmine rice, veggie wontons, Buddha's Feast veggies, fortune cookies	Calzones: 3 cheese, pepperoni, Caesar salad, fresh fruit NO LUNCH FOR 7TH OR 8TH GRADE STUDENTS	Hamburgers, cheeseburgers, veggie garden burgers, tater tots Popsicles NO LUNCH FOR MIDDLE SCHOOL STUDENTS
12	13	14	16	17
Meatless Monday: Pasta Bar – 3 kinds of pasta, marinara, olive oil & salt, creamy pesto, garlic bread, fresh broccoli SACK LUNCHES FOR 7TH GRADE STUDENTS	Chicken tacos, cheese quesadillas, salsa and sour cream, quinoa & fresh corn, fresh fruit SACK LUNCHES FOR 8TH GRADE STUDENTS	Quarter pound all beef hot dogs or tofu dogs, beef chili, assorted chips, fresh fruit Ice cream sandwiches SERVED OUTSIDE NO LUNCH FOR 7TH OR 8TH GRADE STUDENTS LAST DAY OF HOT LUNCH		
				4/24/17